



# **Blackheath Lawn Tennis Club**

## **Health and Safety Policy**

**Updated January 2025**

**Date of next review January 2026 or if there is a change in practice**

**Chairperson:** Diana Gaines

**Welfare Officer:** Emily McCann

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## **BLACKHEATH LAWN TENNIS CLUB**

### **HEALTH AND SAFETY POLICY**

Blackheath Lawn Tennis Club (the Club) is strongly committed to encouraging active participation by everyone; however, the health and safety of our tennis members is always of paramount concern.

To support our Health & Safety Policy we are committed to the following duties within the framework of the Main Sports Club:

- Undertake regular, recorded risk assessments of the Club premises and all activities undertaken by the Club
- Create a safe environment by putting health and safety measures in place as identified by the assessment
- Ensure all members are given the appropriate level of training by regularly assessing individual ability dependent on age, maturity and development
- Ensure all members are aware of, understand and follow the club's health and safety policy
- Appoint a competent Club member to the Main Board to assist with H&S responsibilities
- Ensure that normal operating procedures and emergency operating procedures are in place and known to members
- Provide access to adequate first aid facilities, a telephone and a qualified first aider always
- Report any injuries or accidents sustained during any Club activity or whilst at the Club premises
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness by the Main Board.

As a Club member you have a duty to:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do
- Co-operate with the Club on Health & Safety issues
- Correctly use all the equipment provided by the Club
- Not interfere with or misuse anything provided for your health, safety or welfare.

Main Board Health and Safety Officer:

Lisa Sweet

First Aid:

Location of first aid facilities

Inside tennis pavilion

Location of defibrillator

Outside tennis pavilion on wall by door

Qualified First Aiders:

All coaches and Club Welfare Officer